

Policies

Thank You for choosing Blue Dolphin Swim School

To get the most out of your experience with Blue Dolphin Swim School please read the following before registering for your first class

1. Trust the Method. The method I use is typically not seen at larger swim facilities. If your child is not taught to relax in water, they won't ever understand balance and buoyancy in water. This is the primary skill taught at our school and the most vital! It is a technique that I have developed over years of swimming: myself competitively and by coaching high school, Masters, United States Swimming Association, tri-athletes and infants as young as two-months old. I feel that the sooner children enjoy the water the better. Children learn to swim from our method because of the structure with core skill sets, the repetitive practice to the skill sets and the weekly (2x) consistency to practicing skills sets.

a. Leave the pool area upon request. Occasionally, children may cry and even get out of the pool when starting their lesson. In my 20 years of experience, I have found this behavior (commonly due to separation anxiety) is quickly remedied after 4-5 lessons with the parent out of sight, with the 2nd lesson typically being the most challenging.

b. Children learn best when attention is focused on the teacher and not the parent. We find that children are distracted by family; this is our main reason for not allowing parents on the deck for lessons. (We do have an observation window where you can continue to watch your child's lesson).

2. Let us do the teaching. Please do not try to instruct your child while the lesson is in progress. Do not attempt to use the teaching methods we use with your child. Although our methods look easy, they are actually very specific and subtle in many ways. In addition, your child might eventually reject the instructor's teaching during lessons. When in the pool with your child, just have fun!

a. Lessons time should be lesson time. Reinforce this message to your child. Explain the importance of listening attentively during each lesson time.

b. Watch your child. We work with one student at a time to provide the best quality instruction. Waiting students must remain with their parents, off the deck in designated areas, until their lesson time.

3. Be patient. It is normal for children to both progress and regress from time to time. As in learning any sport, there is a learning curve. Be patient, eventually the end result will be a pool safe child

4. Maintain a positive attitude. Some children have a harder time adjusting to the water, and putting their face in it, during lessons. Resistance will be overcome with a positive attitude about lessons, the water and the instructor. Remember to maintain a positive attitude when talking to your child.

Learning to swim is a vital "life skill", not just a fun activity. Persist with your child and it will pay of

5. Please be on time. Arrive 5 minutes prior to your child's lesson to ensure your child receives the entire amount of instruction. Lessons are scheduled back to back and will end promptly at the scheduled time.

6. Be responsible for your expected absences. No makeups will be provided for students' missed classes. However, if you know more than twenty-four hours or more in advance that your student will be missing a lesson, we do provide a "Swap List" at the pool as a courtesy to our parents. It is each parent's responsibility to use this list. If you miss a lesson during a month, don't let it go to waste. Record your expected absence on the "Swap List". You may then, in exchange, sign up for an available lessons time. Please note lessons that are missed with less than twenty-four hours cannot be written on the swap list and is considered a missed lesson and cannot be made up.

7. New students must attend 2x per week for the first 2 months. Returning students may choose to attend 1x or 2x per week

8. Cancellation Policy. After registration is finalized with the B.D.S.S. office you are in a continual lesson and you are responsible to make monthly tuition payments until you provide B.D.S.S. a 30 day written notice of cancellation by E-mail. Registrations fees are non-refundable.

9. Schedule changes. We reserve the right to change instructors and/or lesson times due to pool and/or instructor availability and to consolidate and/or cancel classes that are not filled

10. Children under two. One parent must be available to get into the water with their child for the first four to five lessons and then as decided upon at the instructor's discretion. Children under two and those not yet toilet-trained are required to be double diapered with two re-usable swim diapers (disposable diapers, i.e. Huggies "Little Swimmers" are not allowed) for their lessons.

11. Keep visitors to a minimum. We ask that you not bring visitors during the first month of lesson. If you would like to share your child's swimming with family or friends arrange for them to join us for the last week of lessons during any month if possible.

Thank you,
Stacy Young
Owner/Instructor